CONTENTS

	Foreword					
	Translator's Foreword	iii				
	Introduction	1				
The Mai Jing Book One						
1	The Secret of the Pulse Quality Under the Fingers [脈形状指下秘訣第一]	7				
2	The Rule for Diagnosing the Pulse Early in the Morning [平脈早晏法第二]	22				
3	Distinguishing the Three Gates of the Pulse and their Boundaries, and what these Positions Dominate [分別三関境界脈候所主第三]	24				
4	The Theory on the Number of Circulations in the Cubit, Inch, Yin, Yang, Nutritive and Defensive [弁尺寸陰陽栄衛度数第四]	25				
5	Observing a Healthy Pulse and Comparing and Diagnosing a Mismatch or a Match by the Size of the Body and Gender [平脈視人大長短男女逆順法第五]	30				
6	The Pulse Taking Method of Applying Light and Heavy Pressure [持脈軽重法第六]	31				
7	The Six Pulse Positions on Both Hands that Dominate the Five Zang Six Fu Organs, Yin and Yang, and their Matching and Mismatching Patterns [両手六脈所主五臟六腑陰陽逆順第七]	33				

8	The Theory of Major Rules for the Diseased Pulse of Zang Fu Organs and Yin and Yang [弁蔵腑病脈陰陽大法第八]	39
9	The Theory of Major Rules of the Yin and Yang Pulses [弁脈陰陽大法第九]	42
10	Discussion of Deficiency and Excess [平虚実第十]	53
11	The Pulse of Vertical, Transversal, Matching, Mismatching and Hidden [従横逆順伏匿脈第十一]	56
12	Statement on the Complicated Pulse Caused by Unexpected Fear [弁災怪恐怖雑脈第十二]	58
13	Complicated Pulse Quality of Slow, Rapid, Short, and Long [遅疾短長雑脈法第十三]	63
14	How a Healthy Person Becomes III, the Origin of Illness, and its Pulse Patterns [平人得病所脈第十四]	73
15	Diagnosing Disease by Taking the Pulse to Make Prognosis [診病将差難已脈第十五]	80

The Mai Jing Book 2

I	Yin, Yang, and the Iwenty Four Qi Pulses of the Three Positions of the Radial Pulse [平三関陰陽二十四気脈第一]	83
2	Distal and Proximal Pulse of Ren Ying Shen Men Qi Kou [平人迎神門気口前後脈第二]	100
3	Illnesses that Reflect in Each Pulse Position and their Treatment Methods [平三関病候并治宣第三] Section 1: The Inch Pulse	121
	Section 2: The Bar Pulse Section 3: The Cubit Pulse	135
4	Syndromes of the Eight Extraordinary Vessels [平奇経八脈病第四]	152
The Mai Jing Book 3		
1	Section on the Liver and the Gallbladder [肝胆部第一]	167
2	Section on the Heart and the Small Intestine [心小腸部第二]	1 <i>7</i> 8
3	Section on the Spleen and the Stomach [脾胃部第三]	189

4	Section on the Lungs and the Large Intestine [肺大腸部第四]	203
5	Section on the Kidneys and the Bladder [腎膀胱部第五]	214
The Mo	ai Jing Book 4	
1	The Pulse Patterns of the Three Positions and Nine Indicators [弁三部九候脈証第一]	227
2	Theory of Pulses in Chronic Diseases [平雜病脈第二]	250
3	Diagnosing Conditions Involving the Cessation of Qi in the Five Zang Six Fu Organs [診五臓六腑気絶証候第三]	275
4	Pulse Patterns that Do Not Match the Season Pulse [診四時相反脈証第四]	281
5	The Slow Pulse and the Rapid Pulse [診損至脈第五]	284
6	Irregular Pulses and their Prognosis [診脈動止投数疎数死期年月第六]	294
7	Prognosis of Various Diseases [診百病死生訣第七]	296

8	Making Prognosis by Observing the Deficiency and Excess on the Three Positions (inch, bar, and cubit) [診三部脈虚実決死生第八]	327		
The Mai Jing Book 5				
1	Zhang Zhong Jing's Treatise of Pulse Diagnosis [張仲景論脈第一]	339		
2	Bian Que's Yin and Yang Pulse Diagnostic Method [扁鵲陰陽脈法第二]	342		
3	Bian Que's Pulse Diagnosis [扁鵲脈法第三]	351		
4	Secrets of Bian Que and Hua Tuo's Listening and Visual Diagnosis [扁鵲華佗察声色要訣第四]	353		
5	Secrets of Bian Que's Death Pulse [扁鵲診諸反逆死脈要訣第五]	381		

The Mai Jing Books 6 to 10 continue in Volume 2.