

Psychology of Dragon Rises Red Bird Flies

Syllabus

2-days, 14 hours.

Time	Hours	Lecture Content
8:30 to 10:30	1 hour	Introduction to the life and work of Dr. Hammer, a basic outline of the text, and a discussion of central aspects of the model, including pulse diagnosis and the therapeutic relationship. Classical Focus.
	1 hour	Preliminary distinctions: the 5 Phases as expressions of the evolution of being.
10:30 to 10:45	15 mins	<u>BREAK</u>
10:45 to 11:45	1 hour	Preliminary distinctions: the 5 Phases and a novel approach to Yin and Yang
11:45 to 12:15	30 mins	<u>Water:</u> Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis.
12:15 to 1:15	1 hour	<u>LUNCH</u>
1:15 to 2:15	1 hour	<u>Water:</u> KI yin deficiency - Brutal Competitor KI yin excess - Pride in the Superior Brain KI yang deficiency - Lack of Power to Act KI yang excess - Will and Drive KI qi deficiency - Lack of Faith Shaoyin Formulas. Acupuncture points.
2:15 to 2:45	30 mins	<u>Wood:</u> Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis.
2:45 to 3:00	15 mins	<u>BREAK</u>
3:00 to 5:00	1 hour	<u>Wood:</u> LV yin deficiency - Retreat Impossible Wood yin excess - Forever Withdrawing LV yang deficiency - Passive Aggressive LV yang excess - GB excess - Unremittingly Aggressive Jueyin/Shao yang Formulas. Acupuncture points.
	1 hour	Integrity and development of Tai yang and Sympathetic Nervous System
	Day 1 End	
8:30 to 10:30	2 hours	<u>Fire:</u> Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis. HT yin deficiency – Uninspired Bureaucrat HT yin excess - Agitation and Restlessness

		<p>HT yang deficiency - Ideas Without Execution HT yang excess - Compulsive Communicator PC Yin Deficiency - Poor Boundaries, Easily Exploited PC Yin Excess - Scrooge, HT Closed Taiyang Formulas. Acupuncture points.</p>
10:30 to 10:45	15 mins	<u>BREAK</u>
10:45 to 12:15	1 hour, 30 mins	<p><u>Earth:</u> Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis. Schizophrenia. Schizophrenia Earth yin deficiency – Problems in Bonding Earth yin excess – Over bonded Earth yang deficiency – Problems Separating Earth yang excess – Harden or Perish Taiyin/Yangming/Taiyang Formulas. Acupuncture points.</p>
12:15 to 1:15	1 hour	<u>LUNCH</u>
1:15 to 2:45	1 hour, 30 mins	<p><u>Metal:</u> Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis. Metal yin deficiency – Inability to Form Relationships Metal yin excess – Possessive and Domineering Metal yang deficiency – Inability to Expand Bonds and Move On Metal yang excess – Drifter Taiyang Formulas. Acupuncture points.</p>
2:45 to 3:00	15 mins	<u>BREAK</u>
	2 hours	Conclusion: Integrating and Applying the Concepts taught in the Course. Case Studies. Group discussion
	Day 2 End	