

Toby Daly, PhD, LAc

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Professional Experience

- Co-founder of Flourish Medicine (formerly Traditional Healing Arts) in Cloverdale 2003 to Present. Flourish Medicine provides the community with a 300+ raw herb pharmacy, acupuncture, nutritional counseling, moxibustion, tuina, cupping, guasha, and offers classes for the public. Personally, providing clinical services for 20+ patients per day with a special emphasis on assessing and treating difficult cases.
- Developed the Chinese Nutritional Strategies mobile application (Apple and Android platforms) from 2012 to the present to enable digital access to the wealth of Chinese dietary wisdom. The app is designed for students and practitioners of Chinese medicine and contains the largest available database of traditional food qualities, preparation methods, and seasonal dietary recommendations.
- Subject Matter Expert for the California Acupuncture Board in Sacramento 2005 to present. Developing exam questions and establishing the passing score for the California Acupuncture Licensing Exam (CALE) as well as a resource advisor for the CALE reference library.

- Chinese medicine clinician for the Alexander Valley Regional Medical Center (AVRMC) in Cloverdale 2003 to 2008. Established the first integrative medicine program at AVRMC to provide access to Chinese medicine for patients in a western medical setting.
- Three-month Chinese medicine internship at the Chengdu University of Traditional Chinese Medicine in Sichuan, China 2003. The internship emphasized Chinese medical assessment and treatment in oncology, gynecology, cardiology, and pediatrics.
- Chinese medicine intern for the Westside Community Services Methadone Clinic in San Francisco 2002.
- Chinese medicine intern for the Zen Hospice Center in San Francisco 2001.
- Chinese medicine intern for Dr. Angela Wu in San Francisco 1999-2003. Responsibilities included patient assessment, patient education, moxibustion, cupping, tuina, and shiatsu.

Education

- Undergraduate degree in Food Science conferred from the California Polytechnic State University at San Luis Obispo in 1994.
- Chinese medicine tutorial, with an emphasis on the Saam lineage, conducted by Sunim Doam in Seoul, South Korea 1997 to present.
- Master's degree in Traditional Chinese Medicine conferred from the American College of Traditional Chinese Medicine at San Francisco in 2003.
- Doctorate degree in Classical Chinese Medicine conferred from the American University of Complementary Medicine at Los Angeles in 2016 (Dissertation committee members

included Carla Wilson, PhD, DAOM, LAc, Terrance Oleson, PhD, and Brandon Horn PhD, LAc).

Publications

- Daly, T, Moafi, S, Oleson, T. The Inter-Rater Reliability of Chinese Medical Tongue Diagnosis. Pending publication
- Daly, T. (2019). Chinese Nutritional Therapy: Case Studies. *Journal of Chinese Medicine* 119
- Daly, T. (2018). The Classical Roots and Clinical Applications of the Saam Acupuncture Tradition. *Journal of Chinese Medicine* 116-32
- Daly, T. (2016). Dietary Strategies in Classical Chinese Medicine (Dissertation)
- Daly, T. (2016) Chinese Nutritional Therapy: A Simple Framework for Prescribing Dietary Recommendations. *Journal of Chinese Medicine* 110-31
- Daly, T. (2010). When One of Our Own Gets Cancer. *California Journal of Oriental Medicine*. Volume 21, No.2

Digital Media

- “Saam – The Acupuncture of Wandering Monks” www.qiological.com/saam-acupuncture
- “Puzzling Through Saam Acupuncture – Questions, Clinic Cases, Organ Archetypes and Getting Out of Hot Water” patreon.com/qiological/posts

- “Group Discussion: Clinical Questions About Saam Acupuncture” qiological.com/saam-discussion-2/
- “Further Discussion on Learning Saam Acupuncture” <https://qiological.com/saam-further-discussion/>

Conference Presentation

- “The Acupuncture of Wandering Monks: Introduction and Practice of Saam Acupuncture” Seattle Institute of East Asian Medicine. January 26 – 27, 2019

Licenses and Certifications

- Licensed Acupuncturist #8912 California Acupuncture Board, CA Department of Consumer Affairs 2003 to present.
- First Aid & CPR/AED-Adult American Red Cross 2003 to present.